

SAILOR to SAILOR

Official Newsletter of the Chief of Naval Personnel

To Subscribe Email usnpeople.fct@navy.mil

Coming in May

- Asian American Pacific Islander Heritage Month
- Military Spouse Appreciation Day — May 10
- Armed Forces Day — May 18

08 APR Issue #14

Let Your Voice Be Heard!!

HOW CAN WE HELP?
FAMILY HOUSING RESOLUTION PROCESS
ANY RESIDENT SUGGESTION, CONCERN OR COMPLAINT IS IMPORTANT!

STEP 1
IDENTIFY ISSUE
CONTACT THE PPV PARTNER
HOTLINE

STEP 2
INCOMPLETE OR NOT SATISFIED
CONTACT MANAGEMENT AT
THE LOCAL PPV PARTNER
MANAGEMENT OFFICE

STEP 3
ISSUE UNRESOLVED
CONTACT THE LOCAL NAVY
HOUSING SERVICE CENTER
(HSC)

FIND YOUR LOCAL HSC: cnic.navy.mil/ContactHousing

Participate in Housing Surveys

All Sailors living in government or Private Partner Venture (PPV) housing are strongly encouraged to participate in surveys to share their overall experience about their current living conditions.

The PPV survey, available April 2-30, is an opportunity for Sailors to note their likes and dislikes with PPV housing and any health or safety concerns they may have with their homes, community and services provided by the privatized housing management companies.

Surveys are also being conducted April 2-June 30 for Sailors living in unaccompanied housing, as well as for those living in government owned or government leased housing, which began March 19 and runs through June 6.

All three surveys are from CEL & Associates, Inc., which is an independent third party that will conduct and manage the surveys. An announcement letter will provide information to access the surveys online. Surveys take approximately 10 minutes to complete. Those who participate will remain anonymous unless they choose to identify themselves.

Sailors are asked to contact their chain of command for more information or the closest Navy Housing Service Center if they have not receive a survey announcement letter.

GI Bill Transferability Window is Closing... Don't Miss Out!

The Department of Defense released changes to department policy on the transfer by service members in the Uniformed Services of "Post-9/11 GI Bill" education benefits to eligible family members, July 2018.

As a reminder, effective July 12, 2019, any Sailor who has more than 16 years of total service will no longer be eligible to transfer education benefits to their dependents. Also, until July 12, 2019, an exception to policy allows Sailors with at least 10 years of service who are unable to serve four additional years, due to statute or standard policy, to transfer their education benefits to dependents if they agree to serve the maximum time authorized. For example, enlisted Sailors within four years of high year tenure or officers within four years of their statutory limit of service are eligible. Purple Heart recipients are exempt to this policy change.

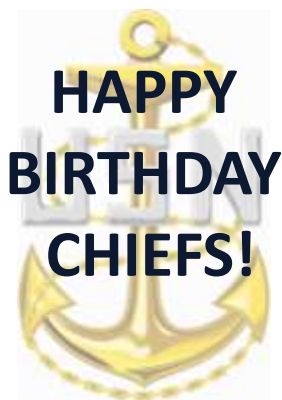
For detailed information on transferring Post-9/11 GI Bill education benefits and the exception to policy, read NAVADMIN 236/18 at www.npc.navy.mil.

Questions? Contact the NPC GI Bill office, at <https://www.public.navy.mil/bupers-npc/.career/education/gibill/pages/default.aspx>.

COMING SOON

Be on the Lookout for these Personnel Announcements

- ◆ Petty Officer Advancement Quotas and Results
- ◆ Selective Reenlistment Bonus (SRB) Update



"We should take the opportunity to reflect on where this latest year of growth and development has taken us, and as a Mess decide how to best calibrate and align ourselves to the true north of our forebearers — making those who sailed before us proud of the legacy of selfless, uncelebrating service they entrusted to us." — MCPON Russell Smith

April is

designated as the Month of the Military Child; a time to honor the sacrifices made by military families



worldwide, with an emphasis on the experience of the dependent children of military members serving at home and overseas.

During April, people are encouraged to wear purple in order to celebrate and recognize the military child because despite the disadvantages for them, they are an integral part of the military culture and in sustaining the longevity of duty for many of our service members.

Purple symbolizes all branches of the military: Navy blue, Army green, Coast Guard blue, Marine Corps red and Air Force blue.

Enhancing Fleet-wide Pay and Personnel Services

As the Navy continues to transform its pay and personnel services, systems and processes, leadership recognized that our Command Pay and Personnel Administrators (CPPAs) and PSD clerks needed to have improved tools and training to better serve the pay and personnel needs of Sailors and their families.

Last fall, the Center for Service Support (CSS) stood up a two-week CPPA "C" school course in Norfolk, Va. and San Diego, Calif. On successful completion, attendees receive the A16A Navy Enlisted Classification (NEC). A mobile training team (MTT) is also operating now, meeting the strong demand for the course in other Fleet concentration areas. **For more MTT information, contact Thomas Palmer, Performance Monitoring Branch head at 901-874-2115.**



Sailors and civilians participate in the CPPA "C" School pilot course at Training Support Center Hampton Roads in Virginia Beach, Va. The two-week course trains CPPAs as part of Sailor 2025's focus to improve the quality of pay and personnel services across the Navy. **Photo by MC2 Matthew Riggs**

Training for CPPAs and PSD clerks used to be loosely coordinated, non-standardized, and under-utilized. Today, Navy Personnel Command's Navy Pay and Personnel Management (PERS-2) has completely revised the pay and personnel curriculum, added assessments to make sure the curriculum is effective, migrated the curriculum material to the Navy e-Learning site and is tracking training completions. This work began with the PSD clerk courses and continues today with the CPPA courses. These training materials are now easier to maintain, more closely aligned with current Standard Operating Procedures and policies and more accessible by Sailors at PSDs and customer commands.

To improve communication and collaboration, PERS-2 assumed leadership of the CPPA and PS Facebook groups. These online groups are used to answer questions, disseminate community news, share updates to policy and procedures, announce training schedules and communicate other important information up and down the chain of command.

Navy Wounded Warrior Trials Impact NETC Commander



A little battered and bruised but no worse for wear, Rear Adm. Kyle Cozad, commander of Naval Education and Training Command (NETC), returned from Coronado, Calif., after competing in the 2019 Team Navy Trials, March 15-21.

Cozad underwent emergency back surgery and is working through physical therapy to stand and walk again. Since his injury, Cozad and his family have received non-medical care support, helping with day-to-day issues, from Navy Safe Harbor during his ongoing recovery process.

The admiral, along with 54 other wounded warriors, tested their grit in 13 events including rowing, cycling, wheelchair basketball, golf, swimming, wheelchair rugby, wheelchair tennis, sitting volleyball, powerlifting, shooting, archery and track and field. Only a select few will represent the Navy in the 2019 Department of Defense Warrior Games to be held in Tampa, Fla., June 21-30.

"The week provided me an opportunity to spend time with each of the wounded warriors and their caregivers, which gave me a perspective that exceeds words," said Cozad.

The Team Navy Trials are part of the Navy Wounded Warrior - Safe Harbor (NWW) program, which is the Navy's sole organization for coordinating the non-medical care of seriously wounded, ill and injured Sailors and Coast Guardsmen, providing resources and support to their families. Navy Wounded Warrior has assisted more than 6,600 service members throughout the country.

The games are part of the NWW program, which provides individually-tailored assistance designed to optimize the success of the wounded warriors' recovery, rehabilitation and reintegration activities. NWW is solely responsible for coordinating the non-medical care of seriously wounded, ill and injured Sailors and Coast Guardsmen, including introducing service members to adaptive sports, as well as providing resources and support to their families and caregivers.

For more information on the DOD Warrior Games, visit www.dodwarriorgames.com.

NAVADMINs

- 078/19 FY19 Enlisted to Medical Degree Preparatory Program Selection Board
- 075/19 Navy Uniform Policy Update and Uniform Initiative Update
- 073/19 FY20 Law Education Program Selection Board Results
- 072/19 Advancement Examination Readiness Review 4th Quarter FY19 Schedule and Identification of Fleet Subject Matter Experts
- 071/19 FY20 Navy Olmsted Scholar Program Selection Results
- Interim Guidance for Service in The Navy by Transgender Persons and Persons with Gender Dysphoria
- 069/19 Navy Reserve Promotions to the Permanent Grades of Captain, Commander, Lieutenant Commander, Lieutenant and Chief Warrant Officers in the Line and Staff Corps
- 068/19 Active Duty Promotions to the Permanent Grades of Captain, Commander, Lieutenant Commander, Lieutenant and Chief Warrant Officers in the Line and Staff Corps

Interested in Being an Olmsted Scholar?

The Naval Education and Training Professional Development Center (NETPDC) is accepting applications from career-minded officers interested in developing language skills and regional cultural knowledge for the fiscal year 2021 Olmsted Scholar Program.

Currently available to unrestricted line, information warfare, and supply corps officer designators, the Olmsted Program is a unique scholarship opportunity offering two years of graduate study using a foreign language while providing overseas cultural and travel opportunities, often leading to a graduate degree at a foreign university.



NETPDC must receive application packages by Aug. 23, 2019.

Read NAVADMIN 061/19 for specific designator eligibility, application information and requirements.

Apps Amazing!!



The Navy College Program mobile app's latest update provides expanded support for Sailors' educational needs when they are on the go, including CAC-less access to the MyEducation module. The improved design makes it easier to navigate the app and includes new features while taking up less space on your device.

Sailors can access the MyEducation module and required training videos without using a Common Access Card (CAC) by entering in name, date of birth and DOD ID number. You can also get contact information for any open Navy College Office and search frequently asked questions within the app.

Fitness App Reminder

Don't forget you can download the official Navy PFA app on your phone!



The app offers a PFA calculator function so you can calculate your anticipated overall PRT score by inputting age, gender, and anticipated scores in the curl-up, push-up and specific cardio categories. It also has BCA information available to provide a quick reference for height-to-weight standards, as well as nutrition resources such as menus, meal planning and information on supplements.

You can find these apps at the Navy App Locker: <https://www.applocker.navy.mil/> or iTunes and Google play stores.

MPT&E MYTHS: Fleet Questions **BUSTED**

“Do Overseas Housing Allowance (OHA) and Overseas (OCONUS) Cost of Living Allowance (COLA) payments stop when a Sailor leaves a deployed ship and goes back to his or her residence at their overseas homeport/ permanent duty station (PDS) to execute a permanent change of station (PCS) back to the states?”

The Pay and Personnel Information Bulletin (PPIB)19-05 provides clarification on payment of OHA and OCONUS COLA to Sailors in this situation. Sailors on PCS orders who detach from their deployed afloat unit, staff, squadron or battalion who go back to their homeport/PDS to execute their PCS transfer will receive OHA and OCONUS COLA until the effective date of departure from their residence (homeport/PDS) as stated on their travel voucher, DD form 1352-2. **You can find PPIB 19-05 at <https://www.public.navy.mil/bupers-npc/support/paypers/PASS/Pages/default2.aspx>.**



Understanding Alcohol Self-Referral

April is Alcohol Awareness Month and the Navy Alcohol Abuse Prevention office encourages Sailors to not just make responsible choices if they choose to drink, but to take an honest look at their alcohol use.

The following list answers some frequently asked questions about self-referral.

What exactly constitutes a self-referral? You can begin a self-referral by talking about your concerns with any of the following people who are acting as a qualified self-referral agent: Drug and Alcohol Programs Advisor; Navy Drug and Alcohol Counselor (or intern); Department of Defense medical personnel, including Licensed Independent Practitioner; Chaplain; Fleet and Family Support Center Counselor and Command Triad, including Officers-in-Charge.

Does making a self-referral count as an alcohol-related incident? No. Self-referral provides the means of early intervention in the progression of alcohol abuse by which Sailors can obtain help before a problem becomes more advanced and more difficult to resolve without risk of disciplinary action.

Will other people know if I self-refer? Yes, a Sailor’s chain of command and others on a need-to-know basis, will be informed.

Will a self-referral mean that the Navy looks at other parts of my life/job performance? Alcohol use issues are complex, and evaluation and treatment require a holistic view. Relevant information on the Sailor’s work and personal life may be required to effect appropriate action.

Can I re-enlist if I’ve self-referred? Yes.

What are the levels of alcohol treatment? Level 0.5 Early Intervention/ Education Program; Level I Outpatient Treatment; Level II Intensive Outpatient/Partial Hospitalization and Level III Inpatient Treatment.

For more information visit <https://go.usa.gov/xEejq>.



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 Weekly Wire
 Weekly Wire Rundown

SAAPM: How Will You Make the Commitment?

By Rear Adm. Philip Sobeck, Director, 21st Century Sailor Office

Throughout the month of April, the Navy, along with the rest of our Nation, is observing Sexual Assault Awareness and Prevention Month.

As we continue to shift our collective focus from awareness to prevention, it’s important that we’re able to distinguish between awareness, risk reduction and primary prevention. Both awareness and risk reduction can be tools to aid in stopping sexual violence, but primary prevention is the approach that looks at the bigger picture. Through primary prevention, we can look at the culture, norms, attitudes and beliefs that create an environment where sexual violence is permitted, and we can begin eliminating and reducing the factors that perpetuate sexual violence to keep it from happening in the first place. This is where I believe each of us can make a commitment to do better for our Shipmates.



Collectively, and at all levels, we must encourage positive behaviors by recognizing acts that contribute to a supportive command climate. We must commit to possess the courage necessary to conduct ourselves with respect for our fellow Sailors. It’s up to all of us to target destructive behaviors with active prevention, and to create healthy norms and communities for our One Navy Team.

My challenge to you is to take some time and really think about this — how will YOU Make the Commitment?

MWR Launches Travel Website for Military Community

Summer is only a few months away. Have you planned your vacation yet? Let American Forces Travel (AFT), the new Morale, Welfare and Recreation (MWR) leisure travel website for do all of the hard work for you.

ATF is a one-stop travel website exclusively for the military community. It includes a wide range of leisure travel offerings including air fare (with all flights cancelable within 24 hours’ notice), deeply-discounted pricing for more than 70,000 hotels worldwide with up to 60 percent off of retail prices, most major car rental brands worldwide, travel packages and up to 80 percent off cruises.



With this new travel website, you can be stationed anywhere in the world and still get the best available prices – regardless of where you live and work. AFT also offers 24/7 customer service support, so time zones are not an issue. ATF is currently available to all active duty, reservists and retirees from the Army, Navy, Air Force, Marine Corps and Coast Guard, as well as their eligible dependents. First-time users will be asked to verify their eligibility through the Army and Air Force Exchange Service. The verification process is secure and requested information will not be retained.

For more information and to get started visit www.americanforcestravel.com.

Navy MWR Digital Library

The Navy MWR Digital Library is more than just e-books! There are practice tests for CLEP, DANTES, and the ASVAB as well as college entrance exams and job certification tests. Additional study guides can be found in the Navy’s OverDrive collection, along with thousands of popular e-books and audiobook titles, including the Navy Professional Reading list. More books, audiobooks and magazines are available in the RB Digital Collection. If you like music, checkout the new Freegal Music service! Freegal provides ad-free music streaming in all genres of music, for all ages, from popular labels. Listeners can download up to three songs a week and listen to music 24/7 as part of the digital library services. After you’ve set up your account, you can use mobile apps to access these resources.

Sailors can access the Navy Digital Library on MyNavy Portal at <https://my.navy.mil/quick-links.html>. For help, contact nglp@navy.mil. Try it today!



MPT&E Transformation

2018 Key Accomplishments

Improvements to Sailor Experience in 2018

Built on a Sailor-first focus, the Manpower, Personnel, Training and Education (MPT&E) Transformation **places Sailors and their families at the heart of all we do**, changing how Navy Human Resources (HR) – personnel, pay and training – are offered.



MyNavy Career Center (MNCC) Beta Launched

90.2%

Sailors report a positive MNCC experience

Launched in September 2018, Sailors can now receive **24/7 live HR support** through MyNavy Career Center (MNCC) by phone 1-833-330-MNCC (6622), **email** (askmncc@navy.mil), or via self-service through **MyNavy Portal** (my.navy.mil).

The Beta launch was a first step for MNCC as we improve the way HR support is provided to Sailors and families, with new and enhanced capabilities coming in 2019 and beyond.



100+ Improvements to Sailor Experience Delivered, Including:



MyPCS Checklist

An interactive, customized self-service tool on MyNavy Portal, providing **Sailors a tailored checklist for their unique needs** as they prepare for the Permanent Change of Station (PCS) process.



Electronic Personnel Action Request (ePAR)/1306

A pre-populated, self-service form on MyNavy Portal, allowing Sailors to create, update or cancel a request with their Command Career Counselor **without needing to submit actual paper work**.



MyRecord Mobile App (Beta)

A mobile application, available for download on **Navy App Locker**, **Apple**, or **Google Play Store**, allowing Sailors to securely view their personnel information from their mobile devices on the go, **without needing a Common Access Card (CAC)**.



Learn more: www.navy.mil/local/cnp/mptestratdesign.asp